

## **Tiverton Senior Center**

207 Canonicus Street Tiverton, RI 02878 (401) 625-6790





## August 2024

Monday	Tuesday	Wednesday	Thursday	Friday
			9:00 Balance & Mobility w/Jess	8:45 Zumba with Jess 10:00 Functional Fitness w/Deb
		ST	1:00-3:00 BINGO! 1:00 Knitting for Charity	11-3 MahJongg 12:45 LINE DANCING w/JOANN
9:00 TOPS 5 9:00 Functional Fitness w/Deb	9:00 CHAIR YOGA w/Shirley	7	8 9:00 Balance & Mobility w/Jess	8:45 Zumba with Jess
10-3 Quilting for Charity	3.00 CHAIR TOOA WOITINEY	3.00 i diletional i liness w/Deb	10:00 TECH TIME w/Kristin	10:00 Functional Fitness w/Deb
12:30-3 PITCH		12:30 CHORUS in Lounge		Totoo Tanononar Tanoco W 200
	11-3 MahJongg	12:30-3 Cribbage		Closing at 11:00 a.m.
	12:45 DRUMS ALIVE! w/Jess	_	1:00-3:00 BINGO!	for wood floor refinishing
2:30 Care Giver Support Group		·	1:00 Knitting for Charity	
CENTER CLOSED 12	9:00 CHAIR YOGA w/Shirley	9:00 Functional Fitness w/Deb	9:00 Balance & Mobility w/Jess 10-11:30 Blood Pressure	8:45 ZUMBA with Jess 16 10:00 Functional Fitness w/Deb
Rhode Island		12:30 CHORUS in Lounge	10-11.30 Blood Pressure	Mahjongg in Lounge 9 a.m 2 p.m. AARP
	11-3 MahJongg	12:30-3 Cribbage		Smart Driver Class
-	12:45 DRUMS ALIVE! w/Jess	12.00 0 Olibbage	1:00-3:00 BINGO!	omare priver Glass
1.0.0., 2.,		12:30-3 Music of Sandy Cook	1:00 Knitting for Charity	12:45 LINE DANCING w/JOANN
9:00 TOPS 19	20	21	22	23
	9:00 CHAIR YOGA w/Shirley 10:15 BOOK GROUP:	9:00 Functional Fitness w/Deb	9:00 Balance & Mobility w/Jess	8:45 Zumba with Jess 10:00 Functional Fitness w/Deb
12:30-3 PITCH		12:30 Chorus in Lounge		11-3 MahJongg
<u> </u>	11-3 MahJongg 12:45 DRUMS ALIVE! w/Jess	12:30-3 Cribbage	1:00-3:00 BINGO!	12:45 LINE DANCING w/JOANN
2:30 Care Giver Support Group		12:30-3 Music of Sandy Cook	1:00 Knitting for Charity	
9:00 TOPS 26	27	28	29	30
	9:00 CHAIR YOGA w/Shirley	9:00 Functional Fitness w/Deb	9:00 Balance & Mobility w/Jess	8:45 Zumba with Jess
	11-3 MahJongg			10:00 Functional Fitness w/Deb
	12:45 DRUMS ALIVE! w/Jess	12:30 CHORUS in Lounge	4 00 0 00 PINIOOI	11-3 MahJongg
1:00 PAINT with Kristen		12:30-3 Cribbage 12:30-3 Music of Sandy Cook	1:00-3:00 BINGO! 1:00 Knitting for Charity	12:45 LINE DANCING w/JOANN

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