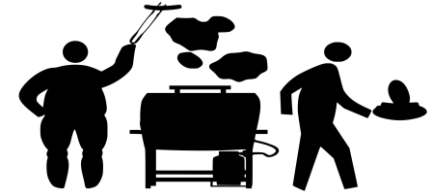




Tiverton Senior Center
 207 Canonicus Street
 Tiverton, RI 02878
 (401) 625-6790



August 2024

Monday	Tuesday	Wednesday	Thursday	Friday
9:00 TOPS 5 9:00 Functional Fitness w/Deb 10-3 Quilting for Charity 12:30-3 PITCH 2:30 Care Giver Support Group	9:00 CHAIR YOGA w/Shirley 11-3 MahJongg 12:45 DRUMS ALIVE! w/Jess	9:00 Functional Fitness w/Deb 12:30 CHORUS in Lounge 12:30-3 Cribbage 12:30-3 Music of Sandy Cook	9:00 Balance & Mobility w/Jess 1:00-3:00 BINGO! 1:00 Knitting for Charity	8:45 Zumba with Jess 10:00 Functional Fitness w/Deb 11-3 MahJongg 12:45 LINE DANCING w/JOANN
CENTER CLOSED Rhode Island HOLIDAY Victory Day	9:00 CHAIR YOGA w/Shirley 11-3 MahJongg 12:45 DRUMS ALIVE! w/Jess	9:00 Functional Fitness w/Deb 12:30 CHORUS in Lounge 12:30-3 Cribbage 12:30-3 Music of Sandy Cook	9:00 Balance & Mobility w/Jess 10-11:30 Blood Pressure ✓ 1:00-3:00 BINGO! 1:00 Knitting for Charity	8:45 ZUMBA with Jess 10:00 Functional Fitness w/Deb Mahjongg in Lounge 9 a.m. - 2 p.m. AARP Smart Driver Class 12:45 LINE DANCING w/JOANN
9:00 TOPS 19 9:00 Functional Fitness w/Deb 10-3 Quilting for Charity 12:30-3 PITCH 2:30 Care Giver Support Group	9:00 CHAIR YOGA w/Shirley 10:15 BOOK GROUP: "Gone Girl" 11-3 MahJongg 12:45 DRUMS ALIVE! w/Jess	9:00 Functional Fitness w/Deb 12:30 Chorus in Lounge 12:30-3 Cribbage 12:30-3 Music of Sandy Cook	9:00 Balance & Mobility w/Jess 1:00-3:00 BINGO! 1:00 Knitting for Charity	8:45 Zumba with Jess 10:00 Functional Fitness w/Deb 11-3 MahJongg 12:45 LINE DANCING w/JOANN
9:00 TOPS 26 9:00 Functional Fitness w/Deb 10-3 Quilting for Charity 12:30-3 PITCH 1:00 PAINT with Kristen 	9:00 CHAIR YOGA w/Shirley 11-3 MahJongg 12:45 DRUMS ALIVE! w/Jess	9:00 Functional Fitness w/Deb 12:30 CHORUS in Lounge 12:30-3 Cribbage 12:30-3 Music of Sandy Cook	9:00 Balance & Mobility w/Jess 1:00-3:00 BINGO! 1:00 Knitting for Charity	8:45 Zumba with Jess 10:00 Functional Fitness w/Deb 11-3 MahJongg 12:45 LINE DANCING w/JOANN

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