

Tiverton Senior Center 207 Canonicus Street Tiverton, RI 02878 (401) 625-6790 APRIL 2025

LEARN MAH JONGG with AnnMarie begins April 14th Sign Up in Office

Monday	Tuesday	Wednesday	Thursday	Friday
	1 9:00 CHAIR YOGA w/Shirley 10-3 MahJongg 12:45 DRUMS ALIVE! w/Jess 2-3:30 Art Class w/Shawndavid	2 9:00 Functional Fitness w/Deb 12:30 CHORUS in Lounge 12:30-3 Cribbage 12:30-3 Music of Sandy Cook	3 9:00 Balance & Mobility w/Jess 10:15 ART for YOUR MIND <i>Norman Rockwell Remembered</i> 1:00-3:00 BINGO! 1:00 Knitting for Charity	4 9:00 Zumba with Jess 10-3 MahJongg 12:45 Linedancing with Joann
7 9:00 TOPS 9:00 Functional Fitness w/Deb 10-3 Quilting for Charity 12:30 PITCH 1-2 Learn UKULELE with Otis	8 9:00 CHAIR YOGA w/Shirley 10-3 MahJongg 12:45 DRUMS ALIVE! w/Jess 2-3:30 Art Class w/Shawndavid	9 9:00 Functional Fitness w/Deb 12:30 CHORUS in Lounge 12:30-3 Cribbage 12:30-3 Music of Sandy Cook	10 9:00 Balance & Mobility w/Jess 10:00 TECH TIME w/Kristin 1:00-3:00 BINGO! 1:00 Knitting for Charity	11 9:00 Zumba with Jess 10-3 MahJongg 12:45 Linedancing with Joann 1:00-2:00 Painting w/Kristen 2:15-3:15 Stretch Yoga
9:00 Functional Fitness w/Deb 10-3 Quilting for Charity 12:30 PITCH 1-2 Learn UKULELE with Otis	9:00 CHAIR YOGA w/Shirley 10-3 MahJongg 10:15 BOOK GROUP: <u>Manhattan Beach</u> 12:45 DRUMS ALIVE! w/Jess	16 9:00 Functional Fitness w/Deb 12:30 CHORUS in Lounge 12:30-3 Cribbage 12:30-3 Music of Sandy Cook	9:00 Balance & Mobility w/Jess 10-11:30 Blood Pressure Check with Nurse Terri Gomes 10:15 LARCHMONT Remembered 1:00-3:00 BINGO!	18 9:00 Zumba with Jess CENTER CLOSES at 12 NOON Today GOOD FRIDAY
9:30-11 Learn MahJongg 10-3 Quilting for Charity	22 9:00 CHAIR YOGA w/Shirley 10-3 MahJongg 12:45 DRUMS ALIVE! w/Jess 2-3:30 Art Class w/Shawndavid		1:00 Knitting for Charity 24 9:00 Balance & Mobility w/Jess 10:15 CENTER MEETING 1:00-3:00 BINGO! 1:00 Knitting for Charity	25 9:00 Zumba with Jess 10-3 MahJongg 12:45 Linedancing with Joann 2:15-3:15 Stretch Yoga
9:00 Functional Fitness w/Deb 10-3 Quilting for Charity 12:30 PITCH	29 9:00 CHAIR YOGA w/Shirley 10-3 MahJongg 12:45 DRUMS ALIVE! w/Jess 2-3:30 Art Class w/Shawndavid	30 9:00 Functional Fitness w/Deb 12:30 CHORUS in Lounge 12 :30-3 Cribbage 12:30-3 Music of Sandy Cook	and a second	