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Tiverton Senior Center 207 Canonicus Street Tiverton, RI 02878 (401) 625-6790 February 2025

Valentine's Day Party!

Monday	Tuesday	Wednesday	Thursday	Friday
3 9:00 TOPS 9:00 Functional Fitness w/Deb 10-3 Quilting for Charity 12:30 PITCH 1-2 Learn UKULELE with Otis	4 9:00 CHAIR YOGA w/Shirley 10-3 MahJongg 12:45 DRUMS ALIVE! w/Jess 2-3:30 Art Class w/Shawndavid	5 9:00 Functional Fitness w/Deb 12:30 CHORUS in Lounge 12:30-3 Cribbage 12:30-3 Music of Sandy Cook	6 9:00 Balance & Mobility w/Jess 10:15 ART for YOUR MIND <i>Exceptional Cityscapes</i> 1:00-3:00 BINGO! 1:00 Knitting for Charity	9:00 Zumba with Jess 10-3 MahJongg 12:45 Linedancing with Joann
9:00 TOPS 10 10:00 URI PHARMA Outreach: <i>Pancreatic Enzymes</i> 9:00 Functional Fitness w/Deb 10-3 Quilting for Charity 12:30 PITCH 1-2 Learn UKULELE with Otis 2:30 Care Giver's Support Group	11 9:00 CHAIR YOGA w/Shirley 10-3 MahJongg 12:45 DRUMS ALIVE! w/Jess 2-3:30 Art Class w/Shawndavid		13 9:00 Balance & Mobility w/Jess 10:00 TECH TIME w/Kristin 1:00-3:00 BINGO! 1:00 Knitting for Charity	14 9:00 Zumba with Jess 10-3 MahJongg 12 -3 Valentine Day Party! Music: Kenny Marrocco \$2
17 CENTER CLOSED HOLIDAY: PRESIDENTS DAY	18 9:00 CHAIR YOGA w/Shirley 10-3 MahJongg 10:15 BOOK GROUP: <u>Giver of Stars</u> by Jojo Moyes 12:45 DRUMS ALIVE! w/Jess	9:00 Functional Fitness w/Deb 12:30 CHORUS in Lounge	20 9:00 Balance & Mobility w/Jess 10-11:30 Blood Pressure Check with Nurse Terri Gomes 10:15 CENTER MEETING 1:00-3:00 BINGO! 1:00 Knitting for Charity	2 9:00 Zumba with Jess 10-3 MahJongg 12:45 Linedancing with Joann
9:00 Functional Fitness w/Deb	2-3:30 Art Class w/Shawndavid 25 9:00 CHAIR YOGA w/Shirley			2 9:00 Zumba with Jess 10-3 MahJongg 12:45 Linedancing with Joann 1:00-3:00 Jewelry Making Class with Sylvia Delaney \$15

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