



Tiverton Senior Center  
 207 Canonicus Street  
 Tiverton, RI 02878  
 (401) 625-6790  
**January 2025**

A Representative from LIHEAP (Low Income Heat & Energy Assistance Program) will be here from 10 a.m. to 1:00 p.m. on Thursday, January 2nd

Monday	Tuesday	Wednesday	Thursday	Friday
<p>If you haven't already, PLEASE renew your membership \$10 per calendar year</p>		<p><b>HAPPY NEW YEAR</b></p>	<p>9:00 Balance with Jess  <b>10:15 ART for YOUR MIND</b>  <i>Wonderful Winter Scenes</i>  <b>10-1 LIHEAP Representative</b>            1:00 Knitting for Charity  <b>NO BINGO TODAY</b></p>	<p>8:45 Zumba with Jess            10:00 Functional Fitness w/Deb            10-3 Mahjongg  <b>12:45 Linedancing with Joann</b></p>
<p>9:00 TOPS            9:00 Functional Fitness w/Deb            10-3 Quilting for Charity            12:30-3 PITCH            12:45 LEARN Ukulele w/Otis</p>	<p>9:00 CHAIR YOGA w/Shirley            10-3 MahJongg            12:45 DRUMS ALIVE! w/Jess            2-3:30 Art Class w/Shawndavid</p>	<p>9:00 Functional Fitness w/Deb            12:30 CHORUS in Lounge            12:30-3 Cribbage            12:30-3 Music of Sandy Cook</p>	<p>9:00 Balance &amp; Mobility w/Jess  <b>10:00 TECH TIME w/Kristin</b>  <b>1:00-3:00 BINGO!</b>            1:00 Knitting for Charity</p>	<p>8:45 Zumba with Jess            10:00 Functional Fitness w/Deb            10-3 Mahjongg  <b>12:45 Linedancing with Joann</b></p>
<p><b>9:00 TOPS</b>            9:00 Functional Fitness w/Deb  <b>10:00 URI PHARMA Outreach: Seizures</b>            10-3 Quilting for Charity            12:30-3 PITCH            12:45 LEARN Ukulele w/Otis</p>	<p>9:00 CHAIR YOGA w/Shirley            10-3 MahJongg            12:45 DRUMS ALIVE! w/Jess            2-3:30 Art Class w/Shawndavid  <b>2:30 Care Giver Support Group</b></p>	<p>9:00 Functional Fitness w/Deb            12:30 CHORUS in Lounge            12:30-3 Cribbage            12:30-3 Music of Sandy Cook</p>	<p>9:00 Balance &amp; Mobility w/Jess  <b>9-11 Blood Pressure Check with Terri Gomes</b>  <b>1:00-3:00 BINGO!</b>            1:00 Knitting for Charity</p>	<p>8:45 Zumba with Jess            10:00 Functional Fitness w/Deb            10-3 Mahjongg  <b>12:45 Linedancing with Joann</b></p>
<p><b>Martin Luther King Day Center Closed</b></p>	<p>9:00 CHAIR YOGA w/Shirley            10-3 MahJongg  <b>10:15 BOOK GROUP: "Signal Fires"</b>            12:45 DRUMS ALIVE! w/Jess            2-3:30 Art Class w/Shawndavid</p>	<p>9:00 Functional Fitness w/Deb            12:30 CHORUS in Lounge            12:30-3 Cribbage            12:30-3 Music of Sandy Cook</p>	<p>9:00 Balance &amp; Mobility w/Jess  <b>10:15 CENTER MEETING</b>  <b>1:00-3:00 BINGO!</b>            1:00 Knitting for Charity</p>	<p>8:45 Zumba with Jess            10:00 Functional Fitness w/Deb            10-3 MahJongg  <b>12:45 Linedancing with Joann</b></p>
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