

Tiverton Senior Center 207 Canonicus Street Tiverton, RI 02878 (401) 625-6790

October 2024



Monday	Tuesday	Wednesday	Thursday	Friday
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Renew Your 2025	9:00 CHAIR YOGA w/Shirley	9:00 Functional Fitness w/Deb	9:00 Balance & Mobility w/Jess	8:45 Zumba with Jess
Membership Early	11-3 MahJongg	12:30 CHORUS in Lounge	10:15 ART for YOUR MIND	10:00 Functional Fitness w/Deb
And SAVE! \$5.00	12:45 DRUMS ALIVE! w/Jess	12:30-3 Cribbage	Winslow Homer's America	11-3 MahJongg
\$10-beginning in January '25	2-3:30 Art Class w/Shawndavid	12:30-3 Music of Sandy Cook 1:00 Crafting	1:00-3:00 BINGO! 1:00 Knitting for Charity	12:45 Linedancing with Joann
7	8	9	10	
9:00 TOPS	9:00 CHAIR YOGA w/Shirley	9:00 Functional Fitness w/Deb	9:00 Balance & Mobility w/Jess	8:45 Zumba with Jess
9:00 Functional Fitness w/Deb	11-3 MahJongg	12:30 CHORUS in Lounge	10:00 TECH TIME w/Kristin	10:00 Functional Fitness w/Deb
10-3 Quilting for Charity	12:45 DRUMS ALIVE! w/Jess	12:30-3 Cribbage	10:15 URI	11-3 MahJongg
12:30-3 PITCH	2-3:30 Art Class w/Shawndavid	12:30-3 Music of Sandy Cook	Topic: Flu 2025	12:45 Linedancing with Joann
12:45 LEARN Ukulele w/Otis 2:30 Care Giver Support Group		1:00 Crafting	1:00-3:00 BINGO! 1:00 Knitting for Charity	承人主人主人大大大大大大
14	15	16		773727737717817
	9:00 CHAIR YOGA w/Shirley		9:00 Balance & Mobility w/Jess	8:45 Zumba with Jess
HOLIDAY	11-3 MahJongg	12:30 CHORUS in Lounge	9-11 FLU CLINIC	10:00 Functional Fitness w/Deb
Columbus Day	10:15 BOOK GROUP:	12:30-3 Cribbage	11:30 BIRTHDAY LUNCH	11-3 MahJongg
Center Closed	<u>Malibu Rising</u>	12:30-3 Music of Sandy Cook	1:00-3:00 BINGO!	1:30 DRUM CIRCLE
	12:45 DRUMS ALIVE! w/Jess	1:00 Crafting	1:00 Knitting for Charity	with Sidy Maiga!
21	2-3:30 Art Class w/Shawndavid	23	24	
9:00 TOPS	9:00 CHAIR YOGA w/Shirley		9:00 Balance & Mobility w/Jess	25 18:45 Zumba with Jess
9:00 Functional Fitness w/Deb	11-3 MahJongg	12:30 CHORUS in Lounge	10:15 CENTER MEETING	10:00 Functional Fitness w/Deb
10-3 Quilting for Charity	12:45 DRUMS ALIVE! w/Jess	12:30-3 Cribbage		11-3 MahJongg
12:30-3 PITCH	2-3:30 Art Class w/Shawndavid	12:30-3 Music of Sandy Cook	1:00-3:00 BINGO!	12:45 Linedancing with Joann
12:45 LEARN Ukulele w/Otis		1:00 Crafting	1:00 Knitting for Charity	本 义 多文文文文文
2:30 Care Giver Support Group				COOLSEC HIGH
9:00 TOPS 28	29			HAPPY HALLOWEEN!!
9:00 Functional Fitness w/Deb	9:00 CHAIR YOGA w/Shirley		9:00 Balance & Mobility w/Jess	
10-3 Quilting for Charity 12:30-3 PITCH	11-3 MahJongg 12:45 DRUMS ALIVE! w/Jess	12:30 CHORUS in Lounge 12:30-3 Cribbage	1:00 SPOOKY BINGO! Wear Costumes~PRIZES!	
1:00 Painting with Kristen	2-3:30 Art Class w/Shawndavid	12:30-3 Music of Sandy Cook	1:00 Knitting for Charity	
		1:00 Crafting		

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